

<b>Monday</b>	<b>Time</b>	<b>Cost</b>
50+ Fitness Class	10.00am-11.00am	£1.00
Public Bowling	10.30am-12.30pm	£1.50
Walking Football	11.00am-12.00pm	£3.00
50+ Arts Class	1.30pm-4.30pm	£0.50
Drama Class	5.00pm-7.00pm	Ask
Boxercise Class	6.00pm-7.00pm	£1.50
Junior Youthclub 10-12 Years Old	6.30pm-8.30pm	Free
Wythenshawe Ravens Netball	8.00pm-10.00pm	£4.00
<b>Tuesday</b>	<b>Time</b>	<b>Cost</b>
50+ Fitness Class	10.00am-11.00am	£1.00
Public Bowling	10.30am-12.30pm	£1.50
Better Things Drop In Session	11.00am-1.00pm	£4.00
50+ Exercise	11.00am-12.30pm	£1.50
Sequence Dancing	1.00pm-3.00pm	£2.00
Crafts for all (Sewing)	1.00pm-4.00pm	£5.00
Better Things Football Project	1.00pm-2.00pm	Referral
Beginner's Dance	1.30pm-4.00pm	£0.50
Street Dance (see separate leaflets)	4.00pm-7.00pm	£3.50 / £4
Wrestling	6.00pm-7.30pm	Free
Zumba	6.30pm-7.30pm	£3.50
Disability Youth Club	6.30pm-9.00pm	Free
<b>Wednesday</b>	<b>Time</b>	<b>Cost</b>
Tots of Fun (Adult&Toddler Group)	9.30am-11.30am	£1.00
Sequence Dancing	10.00am-12.00pm	£2.00
Public Bowling	1.30pm-3.30pm	£1.50
Circuit Training	5.30pm-6.30pm	£1.50
Black Panther Karate	6.00pm-7.00pm	£4.50
Kenkyo Martial Arts	6.00pm-7.00pm	£5.00
Councillor's Advice Bureau	7.00pm-8.00pm	Free

Senior Youth Club 12-19 Years Old	6.30pm-9.00pm	Free
Senior Youth Club Football	7.00pm-9.00pm	Free
<b>Thursday</b>	<b>Time</b>	<b>Cost</b>
Yoga	10.00am-11.00am	£3.00
50+ Line Dancing	10.00am-12.00pm	£1.50
Public Bowling	1.30pm-3.30pm	£1.50
Tap & Ballet dancing 3-4 yrs	4.00-5.00pm	£3.50
Legal Advice Clinic (2nd Thursday of every month)	4.00pm-6.00pm	Free
ESOL-intermediate	4.00pm-6.00pm	Free
Slimming World	5.00pm & 7.00pm	£4.95
Clubbersize	6.30pm-7.30pm	£3.50
Benchill Celtics 5-6 Yrs	6.00pm-7.00pm	TBC
Avondale Netball Club	7.00pm-10.00pm	£5.00
Belly Dancing	7.30pm-08.30pm	£5.00
<b>Friday</b>	<b>Time</b>	<b>Cost</b>
Computer Skills	9.30am-12.00pm	Free
Mature Movers	11.00am-12.00pm	Free
Senior Citizens Club (fortnightly)	1.00pm-3.30pm	50p
Black Panther Karate	6.00pm-7.00pm	£5.50
Friday Youth Project Night 12-19 Years	6.30pm-9.00pm	Free
Senior Youth Club Football	7-9.00pm	Free
<b>Saturday</b>	<b>Time</b>	<b>Cost</b>
Benchill Celtics 5-6yrs	9.00am-11.00am	TBC
Wheelchair Dancing	11.00am-1.00pm	£5.00
Commercial Dance	11.00am-1.00pm	£4.00
Manchester Marvels Disability Sports Group	1-3pm	Free
Book for Badminton	4-9pm	£4.00
Book for Basketball	4-9pm	£20
Football pitches available	9am-9pm	£10
<b>Sunday</b>	<b>Time</b>	<b>Cost</b>
Coder Dojo Last Sunday of the Month	11.00-2.00pm	Free
Sunday Social Last Sunday of the Month (includes Tea or Coffee)	1-4pm	£1.00
Book for Badminton	10-5pm	£4
Football pitches available	10-5pm	£10
Book for Basketball	10-5pm	£20